

# Lipid extraction and transport of hydrophilic solutes through porcine epidermis

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## Abstract

The purpose of this study was to investigate the effect of delipidization of the stratum corneum (SC) on the in vitro percutaneous absorption of hydrophilic solutes (i.e. water, urea, and inulin). Fourier transform infrared (FT-IR) spectroscopy was employed to study the extent of delipidization of porcine SC due to chloroform:methanol (2:1) (C:M (2:1)) treatments for various time periods. In vitro percutaneous absorption of [<sup>3</sup>H] water, [<sup>14</sup>C] urea, and [<sup>3</sup>H] inulin were studied through C:M (2:1) treated epidermis in Franz diffusion cells. There was a greater decrease in peak areas of the asymmetric and symmetric C–H stretching absorbances (i.e. increase in lipid extraction) with increasing exposure times of the SC with C:M (2:1). After 40-min treatment, asymmetric and symmetric C–H stretching peak area showed a decrease of 75.9 and 89.9%, respectively. The permeability coefficient of water, urea, and inulin increased with increasing lipid extraction. Enhancement in the permeability coefficient, through 40 min C:M (2:1) treated epidermis in comparison to the control, for water, urea, and inulin was 48.72, 215.65, and 3.90, respectively. Log (permeability coefficient) and log (mol. wt.) for test solutes and leuprolide acetate were found to be inversely related ( $R^2 = 0.9974$ ). In conclusion, this study implies that penetration enhancers that are safe and extract the SC lipids can be selected in order to enhance the percutaneous absorption of polar solutes through the skin. © 2001 Elsevier Science B.V. All rights reserved.

*Keywords:* Percutaneous absorption; Fourier transform infrared; Stratum corneum; Lipid extraction; Hydrophilic solutes

## 1. Introduction

The primary barrier to transdermal diffusion is the stratum corneum (SC), the thin outermost layer of the skin, which is comprised of a regular array of protein rich cells (i.e. corneocytes) that

are embedded in a multilamellar lipid domain. The lamellar packing of the SC intercellular lipids is established and several experiments have implicated these lipoidal domains as the integral components of the transport barrier, which must be breached if drugs are to be administered at an appropriate rate (Sweeny and Downing, 1970; Bronaugh and Maibach, 1999).

Dry SC is composed of (by weight) ~ 75% protein, 25% lipid, and a small percentage of low

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molecular weight material (Mershon, 1975). The corneocytes are almost entirely composed of proteinaceous material, whereas the extracellular spaces contain at least 15 different lipids, with the primary constituents being cholesterol (25 wt.%), ceramides (40 wt.%), and free fatty acids (12 wt.%) (Wertz et al., 1992). A large body of evidence indicates that the barrier lipids are derived from membrane coating granules, small intercellular organelles containing stacks of membranous disks, which extrude their lipid contents into the intercellular space between the uppermost layer of the viable epidermis and the SC (Elias and Friend, 1975; Frithiof and Wersall, 1965; Lavker, 1976; Hayward, 1978).

The SC has a very unique morphology, by which lipids form multi-lamellar arrays in the extracellular spaces surrounding the corneocytes (Williams and Elias, 1987; Micheals et al., 1975). This morphology is analogous to highly impermeable barriers formed by the inclusion of flakes in a homogenous matrix (Micheals et al., 1975; Cusler et al., 1988). Lipids form an extracellular continuum that is highly tortuous. Thus the exceedingly low permeability of the SC may be due, in large part, to its unique morphology (Potts and Francoeur, 1991). Transport of hydrophilic solutes takes place through transfollicular (Cornwell and Barry, 1993) and polar routes (highly tortuous pathway of polar regions of the intercellular lipids) (Li et al., 1998; Hatanaka et al., 1994). SC lipids extraction may form additional pathways and thereby increase the transport of polar solutes (Peck et al., 1994). High concentrations of ethanol (> 50%) have been reported to form pores in the SC (Ghanem et al., 1987). This effect has been attributed to the lipid extraction properties of *n*-alkanols (Kai et al., 1988).

Diffusion barrier reduction may be achieved by the use of chemical (Smith and Maibach, 1995; Williams and Barry, 1992; Friend et al., 1988; Bhatia and Singh, 1998) and physical (Singh and Bhatia, 1996; Bhatia et al., 1997a; Ganga et al., 1996; Pliquett and Weaver, 1996) enhancers. The goal of the present study was to investigate the effect of lipid extraction of SC by chloroform:methanol (2:1) (C:M (2:1)) for various time intervals on the *in vitro* percutaneous absorption

of hydrophilic solutes. The C:M (2:1) is a well established solvent combination used for lipid extraction. Radiolabeled water, urea and inulin of molecular weight 18, 60, and 5200, respectively, were chosen as model hydrophilic solutes.

## 2. Materials and methods

### 2.1. Materials

[<sup>3</sup>H]Water (specific activity 200 Ci mmol<sup>-1</sup>), [<sup>14</sup>C]urea (specific activity 0.055 Ci mmol<sup>-1</sup>), [<sup>3</sup>H]inulin (specific activity 2.6 Ci mmol<sup>-1</sup>) were obtained from Amersham Life Sci. (Cleveland, OH). Radio chemical purity of [<sup>14</sup>C] urea and [<sup>3</sup>H] inulin was 95–99% and 96.7–98%, respectively. Chloroform and methanol were obtained from Sigma Chemical Co. (St. Louis, MO) and Fisher Scientific (Pittsburgh, PA), respectively. All other chemicals used were of analytical grade.

### 2.2. Preparation of epidermis and stratum corneum

Porcine ears were obtained from a local slaughterhouse. The epidermis was prepared by a heat separation technique (Bhatia et al., 1997b). The whole skin was soaked in water at 60 °C for 45 s, followed by careful removal of the epidermis. The epidermis was washed with water and used in the *in vitro* percutaneous absorption studies. SC samples from epidermis were prepared using the trypsin digestion method (Bhatia et al., 1997b).

### 2.3. Fourier transform infrared spectroscopy

After C:M (2:1) treatment of the SC for different time intervals, the samples were vacuum-dried (650 mmHg) at 21 ± 1 °C for 3 days and stored in a desiccator to evaporate the solvent (Okamoto et al., 1988). The samples were then subjected to Fourier transform infrared (FT-IR) spectroscopic study. The SC samples were squeezed between the KBr plates, clamped and mounted in the enclosed sample chamber, away from moisture to get their spectra. FT-IR (Nicolet 210, Nicolet Instrument Corporation, Madison, WI) was used to accom-

plish this study. For each SC sample, the peak areas of C–H asymmetric and symmetric stretching absorbances were measured before and after the solvent treatment. This experimental strategy allowed each sample to serve as its own control. Spectra were obtained in the frequency range 3050–2750  $\text{cm}^{-1}$  in absorbance mode. Attention was focused on characterizing the occurrence of peaks near 2848 and 2915  $\text{cm}^{-1}$ , which were due to the symmetric and asymmetric C–H stretching absorbances, respectively. All spectra analyzed represent an average of 64 scans with resolution of 4  $\text{cm}^{-1}$ , Happ–Genzel apodization and zero filling factor of none. FT-IR experiments with each condition were performed in triplicate with samples coming from different subjects. OMNIC<sup>®</sup> FT-IR software (Nicolet Instrument Corporation) was used to calculate the peak areas of C–H stretching absorbances.

#### 2.4. *In vitro* percutaneous absorption

Franz diffusion cells were used in the *in vitro* percutaneous absorption studies. The C:M (2:1)-treated or untreated (control) epidermis was sandwiched between the cells with the SC facing the donor compartment. The maximum capacity of the donor and receiver compartments was 1 and 5 ml, respectively. The effective diffusional area was 0.785  $\text{cm}^2$ . The donor compartment contained 1 ml solution of model solute (0.2  $\mu\text{Ci}$  of solute in 1 ml of normal saline) and the receiver compartment was filled with 5 ml of normal saline. Thus, 0.018, 218.18, and 400 ng/ml, respectively, were used as donor solution for water, urea and inulin. All donor concentrations of solutes were below their solubility limits.

The cells were maintained at  $37 \pm 0.5$  °C by a PMC Dataplate<sup>®</sup> stirring digital dry block heater (Crown Bioscientific Inc., Somerville, NJ). The contents of the receiver compartment were stirred with the help of a magnetic bar at 100 revolution  $\text{min}^{-1}$ . At appropriate times, 0.5 ml samples were withdrawn from the receiver compartment and transferred to scintillation vials. An equivalent amount of normal saline (0.5 ml) was added to the receiver compartment to maintain a constant volume. Each sample was mixed with 10 ml of

scintillation cocktail (Econosafe<sup>®</sup>, Research Products International Corp., Mount Prospect, IL) and was counted in a liquid scintillation counter (Packard, Tri Carb<sup>®</sup> 2100 TR, Downers Grove, IL) for quantification of <sup>3</sup>H or <sup>14</sup>C in disintegrations per minute (dpm). The instrument was programmed to give counts for 10 min. Net dpm for the samples was obtained by subtracting background dpm. The results were expressed as the mean  $\pm$  SD of three experiments.

The permeability coefficient of leuprolide acetate through 40 min C:M (2:1) treated epidermis was determined with a donor concentration of 5 mg/ml. The other conditions of *in vitro* percutaneous absorption were similar to test solutes as described above. Samples were withdrawn from the receiver compartment and analyzed for leuprolide acetate by high performance liquid chromatography (Singh et al., 2000).

#### 2.5. Epidermal resistance

The electric resistance of the epidermis treated with C:M (2:1) for different time intervals and the control (no treatment) was investigated. Franz diffusion cells modified for iontophoresis were used to determine the epidermal resistance. The donor and receiver compartment contained 1 and 5 ml of normal saline, respectively. Scepter<sup>™</sup> iontophoretic power source (Keltronics Corp., Oklahoma City, OK) and Ag/AgCl electrodes were used. Scepter<sup>™</sup> provides multichannel prescription set constant voltage or constant current source with an accuracy of 0.1%. DC electric current 0.2  $\text{mA cm}^{-2}$  was applied by placing anode in the donor and cathode in the receiver solution. The potential difference across the epidermal sample was noted. The resistance was calculated according to Ohm's law.

#### 2.6. Data treatment

The receiver compartment concentration of solute was corrected for sample removal by using the equation given by Hayton and Chen (1982). The cumulative amount of solute permeated per unit skin surface area was plotted against time and the slope of the linear portion of the plot was

estimated as the steady state flux ( $J_{ss}$ ). The permeability coefficient,  $P$  was calculated as (Scheuplein, 1978):

$$P = \frac{J_{ss}}{C_v}, \quad (1)$$

where  $C_v$  is donor concentration of solutes.

Enhancement ratio of the permeability coefficients (ER) can be expressed as:

$$ER = \frac{P_{\text{treatment}}}{P_{\text{control}}}, \quad (2)$$

where,  $P_{\text{treatment}}$  is the permeability coefficient of solute through solvent treated epidermis and  $P_{\text{control}}$  is the permeability coefficient of solute through control epidermis. Statistical comparisons were made using the students  $t$ -test. The level of significance was taken as  $p < 0.05$ .

### 3. Results and discussion

Fig. 1 gives the FT-IR spectra and Table 1 presents the data derived from it. There was a

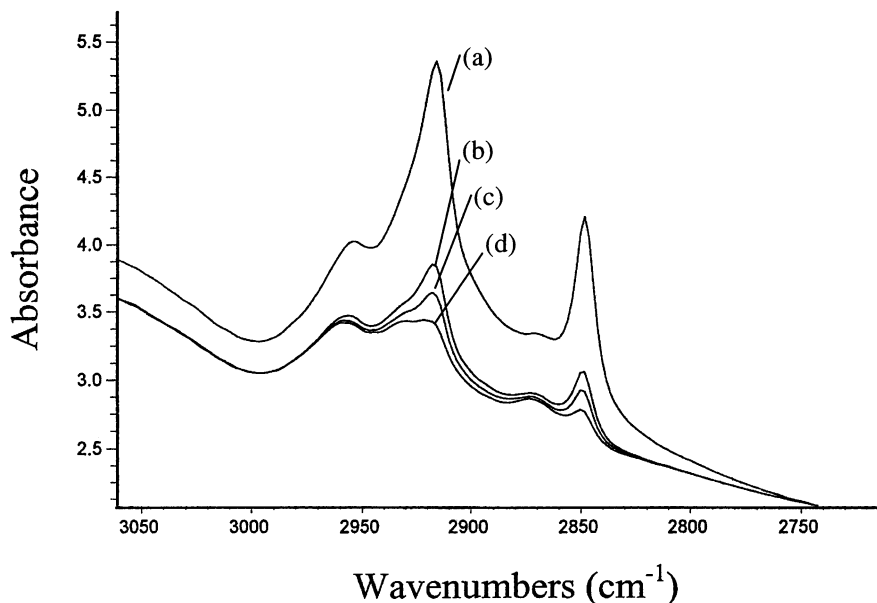


Fig. 1. FT-IR spectrum of porcine SC treated with C:M (2:1) for various time intervals; (a) control, (b) 10 min, (c) 20 min, and (d) 40 min.

Table 1

Changes in symmetric and asymmetric C–H stretching absorbance peak areas of the SC after treatment with C:M (2:1)

Treatment time (min)	Peak area (mean $\pm$ SD, $n = 3$ )					
	Asymmetric			Symmetric		
	Control	Treatment	Decrease (%)	Control	Treatment	Decrease (%)
10	6.48 $\pm$ 0.41	2.08 $\pm$ 0.60	68.11	2.20 $\pm$ 0.54	0.71 $\pm$ 0.30	65.95
20	6.46 $\pm$ 0.50	1.69 $\pm$ 1.22	74.65	2.50 $\pm$ 0.24	0.57 $\pm$ 0.22	77.31
40	6.09 $\pm$ 0.21	1.12 $\pm$ 0.94	75.94	2.36 $\pm$ 0.62	0.23 $\pm$ 0.10	89.94

Decrease (%) =  $100 - [(\text{absorbance peak area due to treatment} / \text{absorbance peak area due to control}) \times 100]$ .

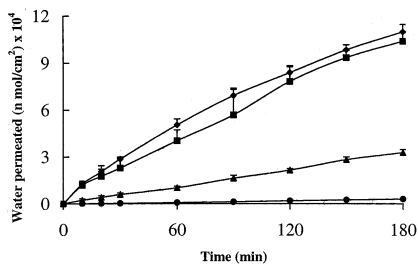


Fig. 2. Effect of C:M (2:1) treatment for different time intervals on the in vitro transport of [<sup>3</sup>H]water through porcine epidermis. Each data point is the mean  $\pm$  SD of three determinations. Key: control (●); 10 min (▲); 20 min (■); and 40 min (◆).

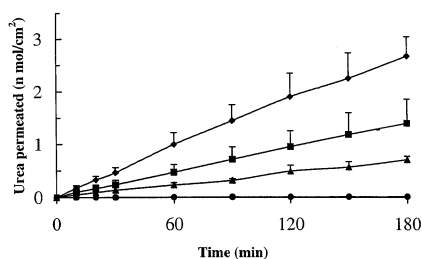


Fig. 3. Effect of C:M (2:1) treatment for different time intervals on the in vitro transport of [<sup>14</sup>C]urea through porcine epidermis. Each data point is the mean  $\pm$  SD of three determinations. Key: control (●); 10 min (▲); 20 min (■); and 40 min (◆).

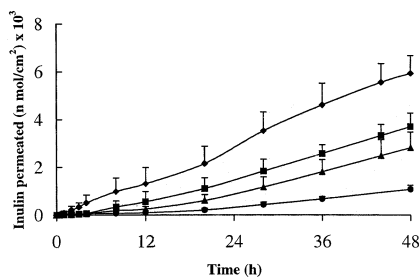


Fig. 4. Effect of C:M (2:1) treatment for different time intervals on the in vitro transport of [<sup>3</sup>H]inulin through porcine epidermis. Each data point is the mean  $\pm$  SD of three determinations. Key: control (●); 10 min (▲); 20 min (■); and 40 min (◆).

greater decrease in peak areas of the asymmetric and symmetric C–H stretching absorbances (i.e. increase in lipid extraction) with increasing exposure times of the SC with C:M (2:1). After 40 min

treatment, asymmetric and symmetric C–H stretching peak areas showed a decrease of 75.9 and 89.9%, respectively. Increasing the exposure time beyond 40 min did not cause further changes in peak areas.

The above observations strongly agree with the results obtained by other workers. Raykar et al. (1988) have mentioned that >80–90% of the ester containing lipids appeared to get removed by the C:M (2:1) extraction (after 1 and 19 days of extraction, to examine the completeness of removal of extractable lipids). Scheuplein and Blank (1971) have reported 20–30% removal of dry mass of the SC tissue as lipids and lipoproteins and an 85% decrease in long chain lipids (indicated by intensity of C–H stretching bands) on 24 h treatment. Also, Potts et al. (1991) have reported a ‘dramatic’ decrease in intensity for C–H stretching peaks after chloroform–methanol treatment.

Figs. 2–4 present the transport profiles and Table 2 shows the epidermal resistance, permeability coefficient, and enhancement ratio of permeability coefficients for the test solutes. Permeability of the epidermis increased with increasing lipid extraction for water, urea, and inulin, as detailed in the Table 2. Permeability coefficients through 40 min C:M (2:1) treated epidermis for water, urea, and inulin were  $418.02 \times 10^{-3}$ ,  $229.73 \times 10^{-3}$ , and  $15.78 \times 10^{-4}$  cm h<sup>-1</sup>, respectively. Enhancement in the permeability coefficient, through 40 min C:M (2:1) treated epidermis in comparison to the control for water, urea, and inulin was 48.72, 215.65, and 3.90, respectively. The above results agree with the findings of other workers (Elias, 1981), which suggest that rates of percutaneous transport correlate inversely with lipid content. Ogiso et al. (1995) found an increase in the flux of solutes with removal of ceramides from rat skin by chemical enhancers, indicating that the removal of intercellular lipids would cause dramatic dilations between adherent cornified cells. This can facilitate the passive transport of hydrophilic solutes due to the resultant increase in free volume.

There was a large (one order of magnitude) decrease in resistance of the epidermis when treated with C:M (2:1) for 10 min, which further

Table 2

Epidermal resistance, permeability coefficient ( $P$ ) of [ $^3\text{H}$ ]water, [ $^{14}\text{C}$ ]urea and [ $^3\text{H}$ ] inulin, and enhancement ratio (ER) through C:M (2:1) treated epidermis

Treatment time (min)	Resistance ( $\text{k}\Omega \text{ cm}^2$ )	Water		Urea		Inulin	
		$P$ (cm/h) $\times 10^3$	ER	$P$ (cm/h) $\times 10^3$	ER	$P$ (cm/h) $\times 10^4$	ER
Control <sup>a</sup>	$10.27 \pm 1.84$	$8.58 \pm 0.78$	–	$1.07 \pm 0.44$	–	$4.04 \pm 0.61$	–
10	$1.08 \pm 0.03$	$102.60 \pm 14.16^*$	11.96	$66.57 \pm 13.89^*$	62.85	$10.82 \pm 1.91^*$	2.67
20	$0.90 \pm 0.05$	$338.76 \pm 92.34^*$	39.48	$129.05 \pm 44.60^*$	121.13	$12.23 \pm 0.60^*$	3.02
40	$0.80 \pm 0.05$	$418.02 \pm 27.36^*$	48.72	$229.70 \pm 25.42^*$	215.65	$15.78 \pm 3.85^*$	3.90

<sup>a</sup> No treatment.

\* Significantly greater than respective controls ( $P < 0.05$ ).

decreased with increasing the treatment time. This agrees with the work of Srinivasan et al. (1990) and Inamori et al. (1994) where ethanol pretreatment had decreased the resistance to a large extent. Decrease in resistance of the epidermis, treated with C:M (2:1) for different time intervals, follows similar trends as decrease in symmetric and asymmetric C–H absorbance peak areas, with accompanying increase in permeability coefficients of test solutes (Fig. 5 and Tables 1 and 2).

A lag time of  $\sim 14$  h for inulin indicates that the pathway is tortuous and discontinuous. It was observed that the lag time for inulin decreased with increase in lipid-extraction, coming down to 2.6 h for 40 min treatment with C:M (2:1). Permeant size is a strong determinant of SC transport. Permeability data obtained for a number of compounds demonstrate that transport through the SC decreases exponentially with the increasing molecular volume of the permeant (Potts and Francoeur, 1993). The permeability coefficient of leuprolide acetate through 40 min C:M (2:1) treated epidermis was  $4.31 \times 10^{-2}$  cm/h. Plot of  $\log$  (permeability coefficient) through delipidized membrane and  $\log$  (mol. wt.) for test solutes including leuprolide acetate (Fig. 6) turned out to be inversely related ( $R^2 = 0.9974$ ). An inverse relationship between the flux and molecular weight of a substance, through a non-delipidized membrane, has been suggested (Idson, 1975). Moreover, the present study suggests that the same inverse relationship between flux and molecular weight of hydrophilic solutes exists through delipidized epidermal membrane.

#### 4. Conclusions

Our findings provide evidence that the SC lipid extraction increased the permeability of hydrophilic solutes. Therefore it is reasonable to assume that the SC lipids extraction creates additional free volume to enhance the permeability of hydrophilic solutes through the epidermis. Finally, this study provides the basis of using a large number of non-toxic penetration enhancers in transdermal delivery systems, which can extract the SC lipids and enhance the percutaneous absorption of hydrophilic drugs.

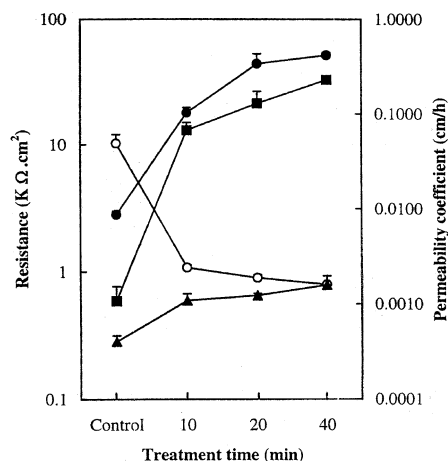


Fig. 5. Relationship between the resistance of epidermis and the permeability coefficients of test solutes through C:M (2:1) treated epidermis. Key: permeability coefficient of inulin ( $\blacktriangle$ ), urea ( $\blacksquare$ ), and water ( $\bullet$ ); resistance of epidermis ( $\circ$ ).

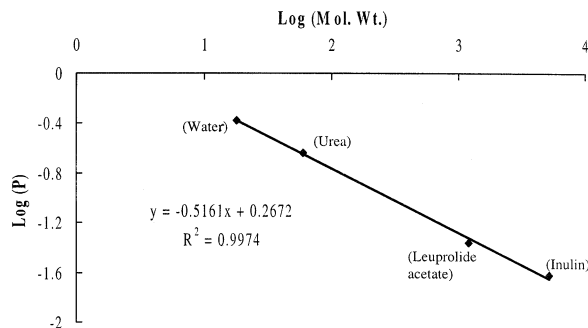


Fig. 6. Plot of  $\log(P)$  versus  $\log(\text{mol. wt.})$  for water, urea, leuprolide acetate, and inulin through 40 min treated porcine epidermis. In vitro transport study of leuprolide acetate through 40 min C:M (2:1) treated porcine epidermis was also carried out and the  $\log(P)$  value of leuprolide acetate was incorporated in the plot.

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